

reading activities to build memory



read a book aloud every day

Reading to a baby from birth is one of the best ways to connect with a child. Cuddling up to read promotes healthy attachment while your child is learning words.

talk about the pictures

When you point to the pictures and talk about them, they learn more. It also makes them curious.

share a book to wind down

Late afternoon is a good time to read a book or tell a story. Children are often tired then. This helps you and your child relax, cuddle and connect.

let your child pick the book

When your child chooses the book, it helps foster a love of reading. It also helps a child find their interests and gain confidence.

make up voices

Use different voices for the characters or actions in a book. When a child sees and hears you having fun, they feel happy.

share new words

Reading books shows a child new words and worlds. It helps them develop language skills. It also builds their brains and increases concentration.

reading benefits:

- Connects child and caregiver
- Builds curiosity
- Boosts memory
- Increases concentration
- Builds love of reading
- Helps child relax
- Develops language skills